

CATARACT INSTRUCTIONS—BEFORE SURGERY

PLEASE READ THESE INSTRUCTIONS ENTIRELY

A nurse from our surgery center will call you at least **TWO business** days prior to your surgery to review your medical history, medications, allergies, these instructions, and questions. Please be sure to mention any new health or medication changes during this phone call so we can update your medical record appropriately.

To ensure that all goes well with your surgery and that you achieve the best possible surgical result, several guidelines should be followed.

1. You will not be permitted to eat or drink anything 6 hours prior to your arrival to the surgery center. Only sips of water are permitted for medication up to 6 hours prior to arrival (Due to conscious sedation that is offered for this procedure). If you are diabetic and are concerned about your diabetic medications during this short time of fasting, please refer to your prescribing physician.

It is vital that you take your blood pressure medication.

If your blood pressure is too high on arrival, **your surgery WILL BE CANCELLED**. Typically, anything >185/90

2. Dress comfortably. You will not be asked to change out of your clothes.
If applicable, please wear your hearing aids and bring **sun**glasses.
3. Do not wear ANY make-up (mascara, foundation, eye makeup) or moisturizer/after shave – the morning of surgery.
Do not use body lotion over your chest prior to surgery. Our EKG leads will not stick to you.
4. It is very important to have received your eye drops **before** the date of surgery.
If you have not, please call Abby (260)-436-7205 (ext: 303)
5. Please bring your eye drops with you the day of surgery.

Please note: Your driver is NOT permitted to leave at any time. In case of an emergency or unforeseen event while at our office, your driver will need to be immediately available.

Please allow ample time for travel so that you will arrive at the scheduled time. You will not be permitted to drive yourself home. Please make arrangements for transportation. Again, please ensure that your driver is aware that they must remain at the surgery center for the duration of your surgery. Total wait time is 90 minutes to 2 hours. **If you use public transportation, and are dropped off, you will be asked to endure surgery without any sort of sedative. We cannot safely release you to a stranger when you are in an altered state of consciousness.**

*** Please note, masks are optional.

For **eye drop or implant** questions: ask for Abby 303

For **surgery scheduling** questions: ask for Roberta, ext. 315

For **pre-op surgery** questions: ask for Katalina ext. 356

If you have symptoms of COVID-19 or need to cancel your surgery, please make every attempt to do so during business hours with surgery scheduling M-F 8am – 5pm, ext. 315.

In the unforeseen event you need to cancel surgery after 5pm the night before surgery, call our office at 260-436-7205 ext. 323.

This extension is **ONLY** to be used for emergency cancellations.